

From: [Shannon Litz](#)
To: [Nathan K. Orme](#)
Subject: FW: HAL Form Submission Notification
Date: Monday, May 6, 2024 10:32:05 AM

Shannon Litz
Nevada Department of Health and Human Services
[REDACTED]

From: hal@admin.nv.gov <hal@admin.nv.gov>
Sent: Monday, May 6, 2024 8:36 AM
To: Shannon Litz <[REDACTED]>
Subject: HAL Form Submission Notification

A new form has been submitted.

DHHS - Application for Appointment to Position of Trust

To update the form please visit: <https://hal.nv.gov/submitted/195541>User's entries follow

Application for Appointment to Position of Trust

Information submitted on this form may be subjected to public disclosure under NRS Chapter 239, Public Records. If a field doesn't apply to you, please enter N/A.

Applying for (Name of Board, Commission, Committee, Authority, General Area of Interest, or Specific Position of Trust):

Dietitian Advisory Group

Please specify which position on the board/commission you qualify for:

Non-dietician member of the public

Biographical Information

Legal Last Name:

Garrison

Legal First Name:

John

Legal Middle Name:

Allen

Preferred Name:

John

Date of Birth:

[REDACTED]

Place of Birth:

Muncie, Indiana

Ethnicity:

Caucasian

Are you U.S. Citizen:

Yes

If "No" explain:

NOT ANSWERED

If you are a naturalized citizen, date of naturalization:

NOT ANSWERED

If "Yes", list place of birth:

Muncie, Indiana

Are you a Veteran:

Yes

Residence Address:

[REDACTED]
[REDACTED]

Email:

[REDACTED]

Phone:

[REDACTED]

County:

Clark

Since what year have you been a continuous resident of Nevada?

2019

Number of years at current residence?

1.5

If less than 5 years, list the city you resided in during the last 5 years:

Las Vegas

Professional Information

Present Employer (Company/Business Name):

TeamHealth

Business Address:

5575 Simmons St, Unit 1, Box 563

North Las Vegas, NV 89031

Job Title/Responsibilities:

Internal Medicine Physician

Educational History

Specify school attended, year of graduation and type of degree received.

Touro University Nevada College of Osteopathic Medicine, 2015, Doctor of Osteopathic

Medicine

High school or high school equivalence (G.E.D.):

Delta High School, 2001, High School Diploma

Undergraduate:

Ball State University, 2010, Bachelor's of Biochemistry

Graduate:

Ball State University, 2011, Master's of Physiology

Background Information

If you answer "yes" to any question below, please mail explanations with the documents to be downloaded, printed and mailed in the section below.

1. Have you ever had a grievance or complaint filed with any board that regulates your professional license(s), or had a professional license suspended, revoked or modified?

Yes

2. Are you or any organization that employs you a recipient of any state grant monies?

No

3. Is there anything in your past about which you think the Department of Health and Human Services should know?

No

If yes, please explain:

NOT ANSWERED

4. Are you aware of any conflict of interest that might result from your appointment?

No

5. Do you serve on any local or state board, commission, council, authority, or in

any elected office?.

No

If yes, please list:

NOT ANSWERED

=====END REPORT=====

Tired of too many email, you can update your form's setting to only receive a daily email.

Keri King

From: John Garrison [REDACTED]
Sent: Friday, April 26, 2024 5:19 PM
To: DPBH HCQC Individual Licensing
Subject: Dietitian Advisory Group

WARNING - This email originated from outside the State of Nevada. Exercise caution when opening attachments or clicking links, especially from unknown senders.

To Whom It May Concern,

I am applying for the position of public member of the Dietitian Advisory Group. I was referred for this position by Madeline Belaustegui who I have worked with at multiple post-acute facilities and at Desert Springs Hospital. As a board-certified Internal Medicine doctor, I believe that I am uniquely qualified for this position. My knowledge and expertise would be valuable in helping translate medical issues to and from the board as well as providing another perspective for context. Additionally, I am a Wound Care specialist, which is a majority of my practice. Wound care is a field that relies heavily on dietician involvement due to patients' malnutrition and the need for an educated and discerning hand when providing supplementation. It is through my practice of wound care that I have become increasingly familiar and interested in the role of diet and its effect on wound healing. In the wound clinic at Desert Springs hospital, where I was medical director prior to the hospital closure last year, I had the opportunity to teach the dietitian interns who were rotating there. They would spend the day in the clinic seeing patients with me and I would provide as many lectures as I was able to fit in between patients. It was always a very well received experience for them and gave me the opportunity to forge several friendships. At Trellis Paradise skilled nursing facility, where I am currently medical director, diet and wounds are my top priorities and we pride ourselves on being a center for excellence. As a member of the Dietitian Advisory Group, I would be able to further advocate for medical facilities in our community to recruit and retain the most highly skilled and educated dietitians. This would serve the health of our patients, the general population, and these facilities will realize the benefit of having the best dietitians possible. Personally, I would benefit from learning about the latest developments in the field and how to apply them, which would further elevate the level of my practice, both in wounds and general medicine.

Please consider me for the position of member of the public on the Dietitian Advisory Group. I would consider it a great honor to serve the State of Nevada in this position. Thank you.

Sincerely,

John A. Garrison, DO, CWSP
[REDACTED]

P.S. If you or any members of the DAG or State Board of Health would like to check my references, please contact any of the following Registered Dietitians I have worked with.

Madeline Belaustegui
Emma Chesky
Pamela Long
Paola Arcila
Sarah Naqshband

From: [Shannon Litz](#)
To: [Nathan K. Orme](#)
Subject: FW: HAL Form Submission Notification
Date: Monday, April 29, 2024 11:35:57 AM

Shannon Litz
Nevada Department of Health and Human Services
sdnitz@dhhs.nv.gov | 775-684-4024

From: hal@admin.nv.gov <hal@admin.nv.gov>
Sent: Monday, April 29, 2024 11:16 AM
[REDACTED]
Subject: HAL Form Submission Notification

A new form has been submitted.

DHHS - Application for Appointment to Position of Trust

To update the form please visit: <https://hal.nv.gov/submitted/195220>User's entries follow

Application for Appointment to Position of Trust

Information submitted on this form may be subjected to public disclosure under NRS Chapter 239, Public Records. If a field doesn't apply to you, please enter N/A.

Applying for (Name of Board, Commission, Committee, Authority, General Area of Interest, or Specific Position of Trust):

Dietitian Advisory Group

Please specify which position on the board/commission you qualify for:

Public Representative

Biographical Information

Legal Last Name:

Hamernik

Legal First Name:

Paul

Legal Middle Name:

Joseph

Preferred Name:

Paul

Date of Birth:

[REDACTED]

Place of Birth:

Overland Park, KS

Ethnicity:

Caucasian

Are you U.S. Citizen:

Yes

If "No" explain:

NOT ANSWERED

If you are a naturalized citizen, date of naturalization:

NOT ANSWERED

If "Yes", list place of birth:

NOT ANSWERED

Are you a Veteran:

No

Residence Address:

[REDACTED]

Email:

[REDACTED]

Phone:

[REDACTED]

County:

Nevada

Since what year have you been a continuous resident of Nevada?

2023

Number of years at current residence?

1

If less than 5 years, list the city you resided in during the last 5 years:

Austin, Texas

Professional Information

Present Employer (Company/Business Name):

Sunrise hospital/Sodexo

Business Address:

3186 Maryland Pkwy

Job Title/Responsibilities:

Director of Nutrition

Educational History

Specify school attended, year of graduation and type of degree received.

Le Cordon Bleu, Certified Culinarian

High school or high school equivalence (G.E.D.):

Diploma

Undergraduate:

Culinary

Graduate:

NOT ANSWERED

Background Information

If you answer "yes" to any question below, please mail explanations with the documents to be downloaded, printed and mailed in the section below.

1. Have you ever had a grievance or complaint filed with any board that regulates your professional license(s), or had a professional license suspended, revoked or modified?

No

2. Are you or any organization that employs you a recipient of any state grant monies?

NOT ANSWERED

3. Is there anything in your past about which you think the Department of Health and Human Services should know?

No

If yes, please explain:

NOT ANSWERED

4. Are you aware of any conflict of interest that might result from your appointment?

No

5. Do you serve on any local or state board, commission, council, authority, or in any elected office?.

No

If yes, please list:

NOT ANSWERED

=====END REPORT=====

Tired of too many email, you can update your form's setting to only receive a daily email.

PAUL HAMERNIK

LAS VEGAS, NV

PROFESSIONAL ATTRIBUTES:

Business Acumen:

- Proficient P&L management
- Knowledgeable in Human Resources
- Refining Processes/Efficiencies
- Opening/Closing business
- Labor management
- Union Management
- Multi-site management
- Menu development and implementation
- Supply management and contract compliance

Management Style :

- Effective communicator
- Self-motivator
- Self-starter
- Process innovator
- Customer satisfaction focused
- Disciplined in organizational efficiencies
- Flexible leadership style
- Experienced public speaker
- Hands on and highly visible
- Employee retention focused
- Talent developer

PROFESSIONAL EXPERIENCE

SODEXO- Nov '16- Current

CLIENT EXECUTIVE

HCA Far West Division, Las Vegas, NV

GENERAL MANAGER 6 FOOD

HCA-St. Davids Medical Center Austin, TX

REGIONAL OPERATIONS MANAGER

HCA-Central Florida Market

GENERAL MANAGER 4 FOOD

HCA-St. David's Georgetown Hospital

REGIONAL OPERATIONS MANAGER

Memorial Hermann-Houston, TX area

GENERAL MANGER 4 FOOD

HCA-Rio Grande Regional Hospital McAllen, TX

CHAMBERLAIN AND ASSOCIATES: March '15 - September '16 Phoenix, AZ 602-200-8111

EXECUTIVE CHEF-

St. Francis Urban Eatery

www.stfrancisaz.com

GENERAL MANAGER-

2 Shea Bistro

www.32shea.com

EXECUTIVE BANQUET CHEF- July '14 – February '15 La Quinta, CA 760-564-5720

Waldorf Astoria La Quinta Resort

4-9-499 Eisenhower Drive

www.laquintaresorts.com

CHEF MANAGER (CHEF DE CUISINE)- March '13 to June '14 Las Vegas, NV 702-982-7503

Trump International Las Vegas

2000 Fashion show Drive

www.trumphotels.com

CHEF DE PARTIE- November '12-March '13 Las Vegas, NV N/A (CLOSED)

Comme Ca (David Meyers Group)

Cosmopolitan Hotel and Casino

RELATIVE PRIOR EXPERIENCE

LINE COOK – St. Francis Urban Eatery CULINARY EXTERNSHIP	Phoenix, AZ	2 years
LINE COOK- True Food Kitchen, Fox Restaurant Concepts	Phoenix, AZ	1 year
BAR MANAGER/ WINE STEWARD-The French Cafe	Omaha, NE	2 years
CORPORATE TRAINER- Grosso Restaurant Group	Philadelphia, Pa	6 years
PREP COOK/ WINE STEWARD- Le Bec Fin SOMMELIER LEVEL 1 EXTERNSHIP	Philadelphia, PA	1 year

EDUCATION AND CERTIFICATIONS

Le Cordon Bleu College of Culinary Arts
Scottsdale, AZ
Associates of the Arts
Certificate of Culinary Arts
GPA 4.0

Temple University
Philadelphia, PA
General Studies

Art Institute of Philadelphia
Philadelphia, PA
Sommelier Level 1

ServSafe Manager Certified
1/2017-1/2022

TIPS Certified
Arizona State Liquor Board
3/2016-3/2021

Certified Inclusion Ambassador
Sodexo, USA
Hall Region

American Culinary Federation Certifications
Certified Culinarian- September 2012
Certified Executive Chef- April 2019

TECHNOLOGY EXPERIENCE:

Microsoft Office	Opera	Micros POS	Cyndyn
Stratton Warren	Avero	DIS	Kronos
Delphi	BirchStreet	POS Lavu	Hotschedules
Meditech	Lawson		

From: [Shannon Litz](#)
To: [Nathan K. Orme](#)
Subject: FW: HAL Form Submission Notification
Date: Thursday, May 2, 2024 3:41:59 PM

Shannon Litz
Nevada Department of Health and Human Services
[REDACTED]

From: hal@admin.nv.gov <hal@admin.nv.gov>
Sent: Thursday, May 2, 2024 3:26 PM
To: [REDACTED]
Subject: HAL Form Submission Notification

A new form has been submitted.

DHHS - Application for Appointment to Position of Trust

To update the form please visit: <https://hal.nv.gov/submitted/195451>User's entries follow

Application for Appointment to Position of Trust

Information submitted on this form may be subjected to public disclosure under NRS Chapter 239, Public Records. If a field doesn't apply to you, please enter N/A.

Applying for (Name of Board, Commission, Committee, Authority, General Area of Interest, or Specific Position of Trust):

Dietary Advisory Group

Please specify which position on the board/commission you qualify for:

Member at Large - Non-Dietitian

Biographical Information

Legal Last Name:

Lindsay

Legal First Name:

Anne

Legal Middle Name:

Renee

Preferred Name:

Annie

Date of Birth:

[REDACTED]

Place of Birth:

Tripoli, Libya, North Africa

Ethnicity:

Caucasian

Are you U.S. Citizen:

Yes

If "No" explain:

NOT ANSWERED

If you are a naturalized citizen, date of naturalization:

NOT ANSWERED

If "Yes", list place of birth:

NOT ANSWERED

Are you a Veteran:

No

Residence Address:

[REDACTED]

Email:

[REDACTED]

Phone:

[REDACTED]

County:

Nevada

Since what year have you been a continuous resident of Nevada?

1986

Number of years at current residence?

4

If less than 5 years, list the city you resided in during the last 5 years:

Las Vegas

Professional Information

Present Employer (Company/Business Name):

University of Nevada Reno

Business Address:

8050 Paradise Rd. Las Vegas NV 89123

Job Title/Responsibilities:

Professor and Extension Specialist

Educational History

Specify school attended, year of graduation and type of degree received.

NOT ANSWERED

High school or high school equivalence (G.E.D.):

Santa Monica High School

Undergraduate:

University of California Santa Barbara (UCSB) 1982, B.A.

Graduate:

UNLV 1988, M.S. / UNLV 2015, Ph.D

Background Information

If you answer "yes" to any question below, please mail explanations with the documents to be downloaded, printed and mailed in the section below.

1. Have you ever had a grievance or complaint filed with any board that regulates your professional license(s), or had a professional license suspended, revoked or modified?

No

2. Are you or any organization that employs you a recipient of any state grant monies?

Yes

3. Is there anything in your past about which you think the Department of Health and Human Services should know?

No

If yes, please explain:

NOT ANSWERED

4. Are you aware of any conflict of interest that might result from your appointment?

No

5. Do you serve on any local or state board, commission, council, authority, or in any elected office?.

No

If yes, please list:

NOT ANSWERED

=====END REPORT=====

Tired of too many email, you can update your form's setting to only receive a daily email.

Curriculum Vitae, Lindsay

Anne R. Lindsay, Ph.D., M.S., FACSM

Professor, Extension Specialist

University of Nevada, Reno

Email: alindsay@unr.edu, ph: (702) 940-5434

EMPLOYMENT

Professor, Extension Specialist in Public & Behavioral Health <i>University Nevada, Reno; Extension</i>	2006 – Present
Owner/President <i>HealthWorks; Corporate Wellness Consultants, Inc.</i>	1997 – 2006
Health Promotion Director <i>Department of Energy/Nevada Test Site</i>	1989 – 1997
Senior Physical Director, Youth and Adult Program Leader <i>Pasadena YMCA, Santa Monica YMCA, Santa Barbara YMCA</i>	1978 – 1989

EDUCATION

University of Nevada, Las Vegas

January 2012 – Dec 2015

Degree: PhD, Public Health

University of Nevada, Las Vegas

September 1986 – August 1988

Degree: Master of Science, Exercise Physiology

University of California, Santa Barbara

September 1978 – June 1982

Degree: Bachelor of Arts, Ergonomics & Physical Education w/ Coaching Minor

EXPERIENCE

Currently provide research, evaluation, program development and implementation within the University of Nevada Reno Extension to help reduce the incidence of obesity and other health related issues across the lifespan. Program emphasis includes early childhood obesity prevention and education, older adults and the intersection of nutrition/physical activity and mental health, especially substance use. This position secures funding through grants and other sources and provides professional expertise and educational materials both locally, statewide, national and international communities.

Previous experience included development and oversight of a multi-employer health promotion program with over 13,000 employees including laborers, administrators, firefighters, security forces, culinary and medical staff; implementation of additional worksite health promotion programs for corporations, small business, other government and non-profit agencies, hospitals and casinos; development and implementation of a health and body image program designed to augment existing broad-based drug treatment and community education programs for women and girls under correctional supervision, particularly those with children and families; and oversight of a large YMCA adult fitness center in the Los Angeles area including sports, aquatics, youth camps and school fitness programs; and collection and publication of the National YMCA Fitness Battery norms (used widely, these norms are the largest fitness database ever to be published).

Curriculum Vitae, Lindsay

GRANT RELATED ACTIVITIES

Helm, M., Malik, S., Nickel, C., Benedict, J. & **Lindsay, A** (Co-I) 2023-24. Funded by USDA, FNS, DWSS, SNAP-Ed. **\$(550,298.00)**. Total award \$3,827,369 (*Funding in Progress*)

Lindsay, A., & Nash, J. (2023-26) The Development of Golden Steps: Dance for Fall Prevention. Funded by UNLV-PT Student Opportunity Research Grant, Project#: 2026_G) **(\$3,000.00)** (*Funding in Progress*)

Radzak, K., Sharma, M., **Lindsay, A.** (2023-24) A theory-based approach to explain the correlates of safe physical activity and knowledge in pregnant and postpartum individuals living in Clark County. Funded by UNR-UNLV Collaboration Grant Funded **(\$140,549.00)** (*Funding in Progress*)

Mukhopadhyay, S., Aiyar, A., Lacy, K., Dahir, R., **Lindsay, A.**, & Helm, M. (2023-26) The Effects of Broadband Internet on Rural Health Outcomes, Funded by USDA-NIFA-AFRI-A1661 **\$649,988.** (*Funded - In Progress*)

Roget, N., Woods, W. (Center for the Application of Substance Abuse Technologies), **Lindsay, A.**, Expert Co-I, **\$145, 220** (sub allocation). (2022-24). HHS Region 9 Rural Opioid Technical Assistance Regional Center (ROTA-R9) [Funded by Substance Abuse and Mental Health Services Administration. (Total award \$650,000.00). (*Funding - In Progress*).

Lindsay, A., Marney, A., & Shearrer, G. (2022). Western Region Mental Health and Nutrition Network. NIFA, AFRI, Diet, Nutrition and the Prevention of Chronic Disease (A1344). **(\$50,000).**

Park, S.Y., Yun, G. W, & **Lindsay, A.** (2022-23) Meet Me at #NVFarmersMarkets: Community-based integrated marketing training and campaign for Nevada farmers markets. Funded by USDA, Agricultural Marketing Service (AMS), Farmers Market Promotion Program (FMPP) **(\$500,000).**

Lindsay, A. & Heleman, N. (2022) Healthy Living, Sustainable Recovery for University Minnesota Extension SNAP-Educators (2021). Funded by University Minnesota Extension, SAMHSA. **\$2,000.**

Horrillo, S., **Lindsay, A.**, Buffington, A., Elgeberi, N., Helm, M., Chvilicek, S., Weigel, D., Kim, Y., Tingey-Baker, J., Taylor, L., & Moe, J. (2021-22). University Nevada, Reno, Extension: Sponsor Nevada Division of Welfare and Supportive Services, Federal. Total award **\$1,816,528.**

Lindsay, A. Western Kentucky University Research Foundation Bingocize® Nutrition Modules, Funded by Western Kentucky University (2021-2022). **\$13,351.**

Lindsay, A. & Heleman, N. Healthy Living, Sustainable Recovery: Enhancing Treatment/Recovery Services for Women - Enhanced Professional Learning Series for University Minnesota Extension and Minnesota State Behavioral Health Staff (2021). Funded by University of Minnesota Extension, SAMHSA. **\$2,000.**

Lindsay, A. Healthy Steps to Freedom: Enhancing Treatment/Recovery Services for Women - Enhanced Professional Learning Series (2021), Funded by Adapt Integrated Health Care, Oregon. Awarded **\$1,600.**

Horrillo, S., **Lindsay, A.**, Buffington, A., Norze, J., Berlin, H., Chvilicek, S., Kim, Y., Weigel, D., Taylor, L., Schembre, C., Tingey-Baker, J., Deever, D., & Maio, H. (2020-21). University Nevada, Reno, Extension: Sponsor Nevada Division of Welfare and Supportive Services, Federal. Total award **\$2,513,373.**

Webber, K., **Lindsay, A.**, Buffington, A., Cvilicek, S., Kim, Y., Weigel, D. and Taylor, L. (2019-20). University Nevada Reno, Extension; Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$2,340,581**

Curriculum Vitae, Lindsay

- Lindsay, A.**, Buffington, A., Cvilicek, S., Kim, Y., Weigel, D., Emm, S., Taylor, L., Cervantes, J., Gatzke, H., & Webber, K. (2018-19). University Nevada Reno, Extension; Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$1,875,670**
- Lindsay, A.**, Emm, S., Cervantes, J. and Nematian, E. (2018) "Stay Strong Stay Healthy", Sponsor DHHS, Aging and Disability Services Division (ADSD) **\$16,100**
- Buffington, A., **Lindsay, A.** & Kim, Y (2017-18). Healthy Kids, Early Start. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$705,880**
- Lindsay, A.** & Taylor, S. (2016-17). All 4 Kids[®]: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$252,334**
- John, D. (PD), Gunter, K. (PD), Manore, M., Etuk, L., Langellotto, G., Rennekamp, R. Nevada Partner: **Lindsay, A.**, Project Advisory Team Member (2011-16) GROW Generating Rural Options for Weight-Healthy Kids and Communities. Sponsor *USDA, NIFA to Oregon State University* \$4,878,865 *UNR-Extension* Subaward **\$30,000**.
- Lindsay, A.** & Perry, T. (2015-16). All 4 Kids[®]: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$251,957**
- Lindsay, A.** & Velasquez, S. (2015-16). Healthy Steps to Freedom. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$104,720**.
- Lindsay, A.**, Sigman-Grant, M. & Byington, T. (2014-15). All 4 Kids[®]: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$194,053**
- Lindsay, A.** (2014-15). Healthy Steps to Freedom. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$84,020**.
- Lindsay, A.**, Sigman-Grant, M. & Byington, T. (2013-14). All 4 Kids[®]: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$162,019**.
- Lindsay, A.** (2013-14). Healthy Steps to Freedom. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$122,513**.
- Lindsay, A.** (2013-14). SNAP-Ed Administration. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$9,133**.
- Lindsay, A.** & Byington, T. (2013-14). All 4 Kids. Sponsor *Acelero Head Start Learning* **\$10,978**.
- Lindsay, A.**, Sigman-Grant, M. & Byington, T. (2012-13). All 4 Kids[®]: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$157,497**.
- Lindsay, A.** (2012-13) "Anahuac", Sponsor *USDA, FNS, SNAP-Ed Food Stamps (matching grant), Federal* **\$7,791**
- Lindsay, A.** (2012-13). Healthy Steps to Freedom. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$112,559**.
- Lindsay, A.** & Byington, T. (2012-13). All 4 Kids. Sponsor *Acelero Head Start Learning* **\$5,489**.
- Sigman-Grant, M., **Lindsay, A.**, Byington, T. (2009-13). Resiliency in an Obesogenic Environment. Sponsor *USDA, NIFA, Agriculture & Food Research Initiative*, **\$1,100,000** (additional enhancement grant from Clark county: **\$50,000**).
- Lindsay, A.**, Sigman-Grant, M., Byington, T. (2011-12). Child Care Physical Activity and Nutrition Modules. Sponsor *State of Nevada, ARRA* **\$10,930**.

Curriculum Vitae, Lindsay

Lindsay, A., Sigman-Grant, M., Byington, T. (2011-12). All 4 Kids: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$185,895.**

Lindsay, A. (2011-12). Healthy Steps to Freedom. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$115,416.**

Lindsay, A., Sigman-Grant, M., Byington, T. (2010-11). All 4 Kids: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$147,765.**

Lindsay, A. (2010-11). Healthy Steps to Freedom. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$106,499.**

Byington, T., Sigman-Grant, M., **Lindsay, A.** (2009-11) *Models of Supplemental Nutrition Assistance Program Education (SNAP-Ed) and Evaluation Demonstration Project.* Sponsor *USDA, FNS* **\$100,000.**

Lindsay, A., Sigman-Grant, M., Byington, T. (2009-10). All 4 Kids: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$135,164** (additional enhancement grant from Clark county: **\$50,000.**

Sigman-Grant, M., **Lindsay, A.**, Byington, T. (2008-09). All 4 Kids: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$81,988.**

Sigman-Grant, M., **Lindsay, A.**, Byington, T. (2007-08). All 4 Kids: Healthy, Happy, Active, Fit. Sponsor *USDA, FNS, Supplemental Nutrition Assistance Program-Education (SNAP-Ed)* **\$67,893.**

AWARDS & HONORS

2021 Certificate of Appreciation, Accreditation Council for Education in Nutrition and Dietetics

2020 Fellow Status, American College of Sports Medicine

2019 UNLV Annual Alumna Award, School of Integrated Health Sciences

2019 Delta Omega, Public Health Honorary Society, Delta Theta Chapter UNLV, Inductee

2018 2018 Postgraduate Course on Physical Activity and Public Health (Columbia, South Carolina), Graduate

2012 University of Nevada Reno, Extension 2012 Faculty Award of Excellence

2012 USDA, National Institute of Food and Agriculture Partnership Award for Mission Integration of Research, Education and Extension (All 4 Kids Program)

2012 Western Extension Directors' Award of Excellence (All 4 Kids Program Award)

2012 Florence Hall Award, 3rd Place Regional Award, National Extension Association of Family and Consumer Sciences (*All 4 Kids* Program Award)

2012 Family Health & Wellness Award, 3rd Place *National* Award, National Extension Association of Family and Consumer Sciences (*All 4 Kids* Program Award)

2012 Family Health & Wellness Award, 2nd Place Western *Regional* Award, National Extension Association of Family and Consumer Sciences (*All 4 Kids* Program Award)

2012 USDA/Priester Health Award (All 4 Kids Program Award)

2010 Television, 3rd Place *National* Award, National Extension Association of Family and Consumer Sciences (for the *All 4 Kids* CD/DVD Media Project)

Curriculum Vitae, Lindsay

2010 Television, 1st Place Award, *Western Region*, National Extension Association of Family and Consumer Sciences (for the *All 4 Kids* CD/DVD Media Project)

2009 Trophy award by Clark County School District for support of school PE programs

2008 Healthy Hero award by the Southern Nevada Health District

PROFESSIONAL SERVICE & EDITORIAL ACTIVITIES

2023-Present Extension Foundation Community of Practice on Mental Health & Well-Being

2023-Present Board Member, SAMHSA Rural Opioid Technical Assistance - Region 9

2022-Present Board of Advisors, Univ NV Las Vegas (UNLV) School of Integrated Health Sciences

2022-Present UNR-Extension Preceptor, Precept Dietetic Internships for RDN Licensure in Nevada

2022-Present University of Nevada Reno, University Promotion and Tenure Committee

2021-Present Multi-State Research Project WDC-55 (Western Region Mental Health & Nutrition Network)

2020-Present Ad Hoc Reviewer, *International Journal of Environmental Research & Public Health* and *Journal Nutrition Education & Behavior*

2019-Present Graduate Faculty Status, University Nevada Las Vegas (UNLV) School of Integrated Health Sciences; and School of Public Health

2018-Present Graduate Faculty Status, University Nevada Reno (UNR) for the College of Agriculture, Biotechnology and Natural Resources (CABNR), Dep't of Nutrition

2018-Present Chair, Women's Sustainable Recovery (WSR) Coalition

2016-Present Nevada State Dietary Advisory Group, Member-at-Large (elected)

2013-Present Nevada Early Childhood Obesity Prevention (ECOP) Steering Committee

2012-Present NCCOR, SNAP-Ed (RJWF) National Framework Evaluation Committee, Author, Ambassador (Published in 2016)

2008-Present Multi-State Research Project W-1005, W-2005, W-3005 (Officer/member)

2006-Present Partners for a Healthy Nevada Coalition

2019-2020 Board Member, Cup Cake Girls (support for those in the sex industry and affected by domestic sex trafficking)

2019 Program Reviewer, USDA Supplemental Nutrition Assistance Program – Education (SNAP-Ed) Toolkit

2017-2019 National eXtension Opioid Crisis Response Team

2015-2016 Chronic Disease Prevention Coalition, Southern NV

2013-2018 American College of Sports Medicine (ACSM) Exercise is Medicine® – Community Health Committee, Co-Chair/member

2014 Extension Public Values Development, Western Extension Directors Association (WEDA), San Diego.

2013-2016 United States Department of Agriculture's Nutrition and Health Committee for Planning and Guidance (by invitation); Chair, Subcommittee: Nutrition/PA

2013 Nevada Department of Education Food and Nutrition Standards Revision Team

Curriculum Vitae, Lindsay

- 2012-2013 Ad Hoc Reviewer, *International Journal of Exercise Science and Journal of Substance Abuse Treatment*
- 2011-2012 Child and Adult Care Food Program Wellness Policy Committee (by invitation)
- 2011-2012 National eXtension Initiative – Family, Food and Fitness Community of Practice (CoP) Behavior, Move Every Day (Co-Chair)
- 2008 MyPyramid for Preschoolers – Advised the HHS and United States Department of Agriculture’s Center for Nutrition Policy and Promotion MyPyramid for Preschoolers content (by invitation)
- 2006-2014 State Coordinator for the President’s Council on Fitness, Sports and Nutrition
- 2006-2008 America on the Move/National Institute of Food & Agriculture (by invitation)

AFFILIATIONS

American College of Sports Medicine (ACSM) & Southwest Affiliate - Member
National Association of the Education of Young Children & NV affiliate - Member
National Extension Association of Family and Consumer Sciences & SW Affiliate – Member
American Public Health Association & Nevada Affiliate - Member

REFEREED JOURNAL ARTICLES AND OTHER PUBLICATIONS

- Norman-Burgdolf, H., **Lindsay, A.**, Webber, K., Parker, J., Richards-Adams, I., Idris, R., Hubbs-Tait, L., & Chapman-Novakofski, K. (2023). Development and piloting of a novel evaluation tool for childhood obesity prevention programs. *Journal of Human Sciences and Extension*, 11: 1: 1-16. <https://doi.org/10.55533/2325-5226.1410>
- Lindsay, A. R.**, Coughenour, C., Case, L., Bevell, J., Fryer, V., & Brian, A. (2022). A review of motor skill development in state-level early learning standards for preschoolers in the United States. *Journal of Motor Learning and Development*, 10(3), 355-370. <https://journals.humankinetics.com/view/journals/jmld/10/3/article-p355.xml>
- Lindsay, A.**, Portillo, V., Buffington, A., Russell, K., Allan, K. and Taylor, S. (2022). I am a seed: A seed-to-table experiential journey for preschoolers. *University of Nevada, Reno Curriculum Publication CM-22-05*.
- Helm, M. M., Calvillo Buffington, A., & **Lindsay, A.** (2022). Extension health and nutrition department best practices guide for program implementation. *University of Nevada, Reno Informational Publication IP-22-03*
- Adedokun, L., Balestracci, K., Bruno, P., Draper, C., Foerster, S., Franck, K., Keller, K., **Lindsay, A.**, Whetstone, L., & Woodward-Lopez, G. (2021). Recommendations for implementing the SNAP-ED provisions of the 2018 Farm Bill: A position paper (p. 30). *The Association of SNAP Nutrition Education Administrators (ASNNA)*. <https://asnna.us.org/wp-content/uploads/2021/09/2018-ASNNA-FB-PP-FINAL-FOR-WEB-02012021.pdf>
- Lindsay, A.**, & Buffington, A. M. (2021). Teaching children to make healthy choices. *UNR-Extension Publication, Fact Sheet FS-21-85*.
- Lindsay, A.**, & Buffington, A. M. (2021). Go, slow, and whoa food. *UNR-Extension Publication, Fact Sheet FS-21-86*.

Curriculum Vitae, Lindsay

- Lindsay, A.**, & Buffington, A. M. (2021). Learning to like new foods. *UNR-Extension Publication*, Fact Sheet FS-21-87.
- Lindsay, A.**, & Buffington, A. M. (2021). Hunger & fullness. *UNR-Extension Publication*, Fact Sheet FS-21-88.
- Lindsay, A.**, & Buffington, A. M. (2021). Kids win when family meals are a priority. *UNR-Extension Publication*, Fact Sheet FS-21-89.
- Lindsay, A.**, & Buffington, A. M. (2021). Talking positively at mealtimes. *UNR-Extension Publication*, Fact Sheet FS-21-90.
- Lindsay, A.**, & Buffington, A. M. (2021). Healthy tips for families. *UNR-Extension Publication*, Fact Sheet FS-21-100.
- Lindsay, A.**, & Buffington, A. M. (2021). Energy balance. *UNR-Extension Publication*, Fact Sheet FS-21-99.
- Buffington, A. M., & **Lindsay, A.** (2021). Shopping with kids. *UNR-Extension Publication*, Fact Sheet FS-21-105.
- Buffington, A. M., & **Lindsay, A.** (2021). Healthy tips for picky eaters. *UNR-Extension Publication*, Fact Sheet FS-21-102.
- Buffington, A. M., & **Lindsay, A.** (2021). Snack and mealtime routines. *UNR-Extension Publication*, Fact Sheet FS-21-103.
- Buffington, A. M., & **Lindsay, A.** (2021). Eating healthy at restaurants. *UNR-Extension Publication*, Fact Sheet FS-21-101.
- Buffington, A. M., & **Lindsay, A.** (2021). Portion sizes / Tamaño de porciones. FS-21-104.
- Buffington, A. M., & **Lindsay, A.** (2021). A Balanced diet. *UNR-Extension Publication*, Fact Sheet FS-21-106.
- Lindsay, A.**, Starrett, A., Brian, A., Byington, T., Lucas, J. and Sigman-Grant, M. (2020). Preschoolers Build Fundamental Motor Skills Critical to an Active Lifestyle: The All 4 Kids[®] Intervention Study. *International Journal of Environmental Research and Public Health* 17, 3098. <http://dx.doi.org/10.3390/ijerph17093098>
- Harden, S., Balis, L., Strayer, T., Prosch, N., Carlson, B., **Lindsay, A. R.**, Estabrooks, P., Dziewaltowski, D., Gunter, K. (2020). Strengths, Challenges, and Opportunities for Physical Activity Promotion in the Century-old National Cooperative Extension System. *Journal of Human Sciences and Extension* 8(31). <https://www.jhseonline.com/article/view/834>
- Lindsay, A.**, Duncan, T., & Mullis, A. (2020). After the Rain (Indigenous audio and video production). Digital Media. *University Nevada Reno*. <https://youtu.be/tVTJ-DIiPEk>
- Lindsay, A.**, & Buffington, A. M. (2020). Growing Fruits & Vegetables: What Will Your Garden Look Like? Digital, HKRC, *University of Nevada Reno*. <https://youtu.be/Nqetvu41-44>
- Lindsay, A.**, Smith, C., & Mullis, A. (2020). Water (Drink water and be active, 60's surf sound audio production). Digital, HKRC, *University of Nevada Reno*. <https://youtu.be/3KQsFSIPKoi>
- Lindsay, A.** (2020). Falls: No laughing matter Take steps to minimize the risk of injury due to falls. *Nevada Today*. <https://www.unr.edu/nevada-https://www.unr.edu/nevada-today/blogs/2020/falls-preventiontoday/news/2020/physical-activity-during-covid>

Curriculum Vitae, Lindsay

- Lindsay, A.** (2020). What's all the buzz? With October's National Substance Prevention Month looming, here are some strategies in understanding psychostimulants. *Nevada Today*. <https://www.unr.edu/nevada-today/blogs/2020/whats-all-the-buzz>
- Wharton, C. C., & **Lindsay, A.** (2020). Healthy Steps to Freedom: helping women battle addiction. *Nevada Today*. <https://www.unr.edu/nevada-today/stories/healthy-steps-to-freedom>
- Lindsay, A.** (2020). Physical activity is a strong benefit during COVID-19. *Nevada Today*. <https://www.unr.edu/nevada-today/news/2020/physical-activity-during-covid>
- Lindsay, A.** & Velasquez, S. (2021 Revision, 2009©). Healthy Steps to Freedom: A Health and Body Image Curriculum. *UNR-Extension Curriculum Material CM-09-02*
- Lindsay, A.** & Byington, T. (2020). Connecting the brain and the body: Perceptual motor development. *UNR-Extension Publication*, Fact Sheet FS-20-18
- Lindsay, A.** & Byington, T. (2020). Active kids are active adolescents: Fundamental movement skills. *UNR-Extension Publication*, Fact Sheet FS-20-12
- Lindsay, A.** & Byington, T. (2020). Early start, active life: What is physical literacy? *UNR-Extension Publication*, Fact Sheet FS-20-13
- Lindsay, A.** & Byington, T. (2020). Fit kids are healthy kids: The elements of fitness. *UNR-Extension Publication*, Fact Sheet FS-20-16
- Lindsay, A.** & Byington, T. (2020). Heart smart: Cardio endurance. *UNR-Extension Publication*, Fact Sheet FS-20-14
- Lindsay, A.** & Byington, T. (2020). Reach for the stars: Flexibility. *UNR-Extension Publication*, Fact Sheet FS-20-15
- Lindsay, A.** & Byington, T. (2020). Muscles in motion: Muscle and bone strength. *UNR-Extension Publication*, Fact Sheet FS-20-17
- Lindsay, A.** & Byington, T. (2020). Active kids are healthy kids: How much is enough? 60-60-60. *UNR-Extension Publication*, Fact Sheet FS-20-19
- Lindsay, A.** & Byington, T. (2020). Don't get play-grounded: Using positive engagement strategies to promote physical activity. *UNR-Extension Publication*, Fact Sheet FS-20-22
- Lindsay, A.** & Byington, T. (2020). Active kids are smart kids: How physical activity improves brain and cognitive functions. *UNR-Extension Publication*, Fact Sheet FS-20-23
- Lindsay, A.** & Byington, T. (2020). Make time to unplug: Reducing screen time. *UNR-Extension Publication*, Fact Sheet FS-20-21
- Lindsay, A.** & Byington, T. (2020). Don't just sit, and sit and sit: Reducing sedentary behavior. *UNR-Extension Publication*, Fact Sheet FS-20-20
- Lindsay, A.**, Coughenour, C., Gatzke, H., Baker-Tingey, J., Lewis, S., Ciulei, M., Gunter, K., and John, D. (2019). Engaging Rural Nevadans in Participatory Research to Explore and Explain the Community Food and Physical Activity Context. *Journal of Rural Social Sciences*, 34(2): Article 4. Available at: <https://egrove.olemiss.edu/jrss/vol34/iss2/4>
- Lindsay, A.**, Dyrek, A., Blitstein, J., Byington, T. & Sigman-Grant, M. (2018) Interrater Reliability of a Field-Based Preschool Movement Skills Assessment. *Journal of Nutrition Education and Behavior* 50(10):1040-1045. <https://doi.org/10.1016/j.jneb.2018.07.007>

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- Harden, S., Gunter, K., **Lindsay, A. R.** (2018) How to leverage your state's land grant Extension system: Partnering to promote physical activity". *Translational Journal of the American College of Sports Medicine* 3(15):113-118
- Manore, M., Larson-Meyer, E., **Lindsay, A.**, Hongu, N. and Houtkooper, L. (2017). Dynamic energy balance: An integrated framework for discussing diet and physical activity in obesity prevention - Is it more than eating less and exercising more? *Nutrients* 9(8):905. Concept Paper. doi:10.3390/nu9080905. Available at: www.mdpi.com/journal/nutrients
- Harden, S., **Lindsay, A.** et al. (2016). Systematic review of physical activity objectives in Extension strategic plans: Findings and implications for improved public health impact. *Journal of Extension*, 54(5) Research in Brief 5RIB2. Available at: <https://www.joe.org/joe/2016october/rb2.php>
- Lindsay, A.** A comparison of beliefs and attitudes about body image, eating and weight between incarcerated and non-incarcerated females" (2015). UNLV Theses, Dissertations, Professional Papers, and Capstones. 2557. <http://dx.doi.org/10.34917/8220137>
- Lindsay, A.**, Hongu, K., Spears, K., Dyrek, A. & Manore, M. (2014) Field assessment for obesity prevention in children and parents: Physical activity, fitness and body composition. *Journal of Nutrition Education Behavior* 46 (1):43-53. doi: 10.1016/j.jneb.2013.03.013
- Byington, T. A., **Lindsay, A.**, Sigman-Grant, M. J. (2014). Healthy choices start early. *The Journal of the National Association for the Education of Young Children*, 69(5), 14-21.
- Sigman-Grant, M. J., **Lindsay, A. R.**, Byington, T. A. (2014). Children Are What They Eat. *UNR-Extension Publication AV-14-02*. <http://campus.extension.org/enrol/index.php?id=661>
- Lindsay, A. R.**, Sigman-Grant, M. J., Byington, T. A. (2014). Growth, Obesity and Energy Balance. *UNR-Extension Publication AV-14-01*. <http://campus.extension.org/enrol/index.php?id=657>
- Byington, T. A., **Lindsay, A. R.**, Loesch-Griffin, D., Brumett, S., & Sigman-Grant, M. (2013). Head Start families' thoughts and beliefs about health, nutrition, and physical activity. (National Head Start Association) *NHSA Dialog*, 16(3), 64-76.
- Byington, T. A., **Lindsay, A. R.**, Loesch-Griffin, D., Brumett, S., & Sigman-Grant, M. (2013). Influencing Head Start families' thoughts and beliefs about health, nutrition, and physical activity. *NHSA Dialog*, 16(3), 160-164.
- Sigman-Grant, M., Byington, T., **Lindsay, A.**, Lu, M., Mobley, A., Fitzgerald, N. & Hildebrand, D. (2013). Preschoolers can distinguish between healthy and unhealthy foods: The All 4 Kids Study. *Journal of nutrition education and behavior*, 03/2014, Volume 46, Issue 2 <http://www.ncbi.nlm.nih.gov/pubmed/24246710>)
- Sigman-Grant, M, Van Brackel, A., Byington, T. and **Lindsay, A.** (2013) Teacher and family connections curriculum: A supplement to the All 4 Kids: Healthy, Happy, Active, Fit obesity prevention program. *UNR-Extension Publication CM-13-01*. Available on <http://campus.extension.org>
- Lindsay, A.** & Velasquez, S. (2012). Nevada substance abuse treatment providers – Assessing the needs & characteristics of female clients in recovery. *UNR-Extension Special Publication SP-12-09*, 23 pp.

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- Warren, C., **Lindsay, A.**, White, E., Claudat, K., & Velasquez, S. (2012). Weight-related concerns related to drug use for women in substance abuse treatment: Prevalence and relationships with eating pathology. *Journal of Substance Abuse Treatment* 44(5), 494. doi:10.1016/j.jsat.2012.08.222
- Lindsay, A.**, Warren, C., Velasquez S., & Lu, M. (2012). A Gender-specific approach to improving substance abuse treatment for women: The Healthy Steps to Freedom (HSF) Program. *Journal of Substance Abuse Treatment*, 43(1), 61-69.
- Lindsay, A.** (2010). A media effort addressing preschool inactivity through family, community, and Extension collaboration. *Journal of National Extension Association of Family and Consumer Sciences*, 5 (11).
- Lindsay, A.**, Byington, T., & Sigman-Grant, M. (2010). All 4 Kids: Healthy, Happy, Active, Fit Classroom Education for Young Children. *UNR-Extension Curriculum Material CM-10-06*
- Lindsay, A.** & Constantino, N. (2010). Get Up, Get Out! *UNR-Extension Fact Sheet FS-10-80*
- Lindsay, A.** & Constantino, N. (2010). Get Moving! *UNR-Extension Fact Sheet FS-10-76*
- Lindsay, A.** & Constantino, N. (2010). Get Active! *UNR-Extension Fact Sheet FS-10-81*
- Lindsay, A.** & Constantino, N. (2010). Get Fit! *UNR-Extension Fact Sheet FS-10-73*
- Lindsay, A.** & Constantino, N. (2010). Get Regular! *UNR-Extension Fact Sheet FS-10-79.*
- Lindsay, A.** (2009). All 4 Kids: Healthy, Happy, Active, Fit CD® *UNR-Extension Audio Visual AV-09-01*, Copyright American Society of Composers, Authors and Publishers (ASCAP).
- Lindsay, A.** (2009). All 4 Kids: Healthy, Happy, Active, Fit DVD® *UNR-Extension Audio Visual AV-09-02* <http://www.unce.unr.edu/publications/files/hn/2009/av0902.asp>.
- Seymour, K., Spears, K., **Lindsay, A.**, Collins, C., Leontos, C., Sigman-Grant, M., Wilson, M. & Woodson, J. (2009). Nevada's health and nutrition needs – Preferred methods of health information delivery. *UNR-Extension Special Publication SP-09-18*, 82 pp.
- Lindsay, A.** & Velasquez, S. (2008). Using a Pedometer, A Guide to Help Step it Up. *UNR-Extension FS-08-32.*
- Lindsay, A.** & Velasquez, S. (2008). Weighing in on Fat. *UNR-Extension FS-08-49.*
- Lindsay, A.** & Constantino, N. (2008). *Get Ready, Get Set, Let's Go!* *UNR-Extension FS-08-35*
- Lindsay, A.** & Velasquez, S. (2008). Buying and Using a Pedometer: Quick Tips to Step it Up. *UNR-Extension FS-08-32.*
- Lindsay, A.** & Velasquez, S. (2007). What a Girl Wants! What a Girl Needs! Living Healthy without Methamphetamine. *UNR-Extension FS-07-45.*
- Lindsay, A.**, Wilson, M., & Velasquez, S. (2007). Have it Your Weigh! Portion Sizes & Dining Out. *UNR-Extension FS-07-46.*
- Lindsay, A.** & Velasquez, S. (2007). Dying to Be Thin, How Far Will You Go? Body Image and Cultural Standards of Beauty. *UNR-Extension FS-07-47.*
- Lindsay, A.** (1993) Wellness Program Modules for Nutrition, Weight Reduction, Back Care, and Exercise; *Anthem Health Systems*, Indianapolis,
- Golding, Myers & Sinning (2000). Y's Way to Physical Fitness, The Complete Guide to Fitness Testing and Instruction (4th edition). *Human Kinetics Publishers Inc.*, pp. 113-136. (norm revisions by **Anne R. Lindsay**)

Curriculum Vitae, Lindsay

- Golding, L. & **Lindsay, A.** (1989). Measuring Body Composition with Attention to Age and Sex Trends. *Perspective*. 15(4), pp. 30-36.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Testing Strength and Muscular Endurance. *Perspective* 15(5), pp. 30-35.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Stretching the Limits of Age, Sex and Flexibility. *Perspective* 15(6), pp. 26-29.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Cardio-Respiratory Fitness Tested Using PWC Max. *Perspective* 15(7), pp. 11-18.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Step-Up to Cardio-Respiratory Fitness Test. *Perspective* 15(8), pp. 39-41.
- Golding, L. & **Lindsay, A.** (1989). Y's Way Revised: Interpreting Tests for the Benefit of Your Members. *Perspective* 15(9), pp. 34-37.

ORAL PRESENTATIONS AT PROFESSIONAL MEETINGS (past 5 years only)

- Lindsay, A.**, Helm, M., Crandall, J., & Wood, J. (2023). Improving nutrition outcomes for older adults: A revised workshop for Bingocize. *CalFresh Healthy Living 2023 Forum*. Orange, CA
- Lindsay, A.** (2023). Bringing health and healing through nutrition education for those in recovery from substance use. *CalFresh Healthy Living 2023 Forum*. Orange, CA
- Lindsay, A.** (2023). Age and Gender-Responsiveness: A Path to Improved Health and Recovery Outcomes for Older Women. *Shared Responsibility in Marginalized Older Adult Populations: Promoting & Achieving Health Equity & Well-Being Summit*. Las Vegas, NV.
- Lindsay, A.**, Russell, K., & Casbarro, T. (2023). Let's Eat Food for the Brain and the Body. Washoe Wellness Retreat. *Washoe County School District*. Reno, NV
- Lindsay, A.**, Russell, K., & Casbarro, T. (2023). Let's Boogie! Music and Dance for the Brain and the Body. Washoe Wellness Retreat. *Washoe County School District*. Reno, NV
- Markworth, A., **Lindsay, A.**, Baghwad, M., & Roget, N. A. (2023). Empowering Nutrition Educators to Engage Populations in Substance Use Recovery. *Society for Nutrition Education and Behavior (SNEB) Annual Meeting*. Wash DC.
- Lindsay, A.** (2023). The Role of Music and Dance in Childhood Development. In Nevada Department of Public and Behavioral Health (DPBH) Statewide Meeting. *Department Health and Human Services (DHHS)*. Webinar.
- Lindsay, A.**, & Lindsay, S. (2023). Personality Plus: Addressing the role personality plays in successful re-entry. *Clark County Detention Center (CCDC)*. Las Vegas, NV
- Lindsay, A.** (2023). Gender-responsiveness in substance use recovery and health-focused programming. *University of Kentucky, Extension Statewide Substance Use Summit*. Lexington, KY
- Helm, M., **Lindsay, A.**, Crandall, J., & Wood, J. (2023). Improving nutrition outcomes for older adults: A revised module for Bingocize. *Association of SNAP Nutrition Education Administrators (ASNNA)*. ASNNA. Wash DC.
- Roget, N. A., **Lindsay, A.**, & Markworth, A. (2023). Bridging the Gap Between Nutrition Education and Substance Use. *Association of SNAP Nutrition Education Administrators (ASNNA)*. Wash DC
- Lindsay, A.** (2023). Gender-Responsive Strategies to Stimulant Use in Nutrition Education. In Nutrition, Food Security, and Support: Essential Information About Women and Stimulant Use in

Curriculum Vitae, Lindsay

- Rural Communities for SNAP-Ed Implementers. *Pacific Southwest Rural Opioid Technical Assistance Regional Center*. Long Beach, CA
- Lindsay, A.**, Buffington, A., & Malik, S. (2023). I Am A Seed: A Seed-to-Table Experiential Journey for Preschoolers. *Nevada Association of the Education of Young Children (NevAEYC)*. Las Vegas, NV
- Lindsay, A.** (2023). I Am A Seed: A Seed-to-Table Experiential Journey for Young Children. *Southern Nevada Association for the Education of Young Children (SN-AEYC)*. Las Vegas, NV.
- Lindsay, A.**, & West, S. (2023). The Intersection of Diet, Nutrition and Physical Activity in Mental Health and Substance Use. *National Urban Extension Leaders (NUEL) Regional Conference*. *National Urban Extension Leaders (NUEL)*. Madison, WI
- Markworth, A., **Lindsay, A.**, & Roget, N. (2023) Bridging the gap between nutrition education and substance use. *Association of SNAP Nutrition Education Administrators Annual Conference*. Virtual
- Lindsay, A.**, Helm, M., Crandall, J. & Wood, J. (2023) Improving Nutrition Outcomes for Older Adults – A Revised Module for Bingocize®. *Association of SNAP Nutrition Education Administrators Annual Conference*. Virtual
- Lindsay, A.** (2023). Understanding Challenges and Improving Treatment/Services for Adult/Sex Workers and their Families. *Center for the Application of Substance Abuse Technologies (CASAT)*. Virtual Presentation.
- Lindsay, A.**, Portillo, V., & Buffington, A. (2022). I am a Seed: A Seed-to-Table Experiential Journey for Preschoolers. National Association for the Education of Young Children Annual Meeting. *National Association for the Education of Young Children*. Washington DC
- Lindsay, A.** (2022). Even if you're on the right track, you'll get run over if you just sit there. 68th Annual Employee Benefits Conference. *International Foundation of Employee Benefit Plan*. Mandalay Bay, Las Vegas
- Lindsay, A.** (2022). Gender-Responsive Services: Doing it in a Meaningful Way. Montana Judicial Branch Statewide Drug Court Conference. *Montana Judicial Branch*. Bozeman, MT.
- Lindsay, A.** (2022). Navigating your journey: Critical thinking in substance use prevention. *Churchill County Coalition*. Fallon, NV
- Helm, M. M., **Lindsay, A.**, & Mazzullo, N. E. (2022). A model to improve the health of low-income older adults through partnership between an Extension and income-restricted senior living complex. In American Society on Aging Annual Meeting. *American Society on Aging*. New Orleans, LA
- Lindsay, A.** (2021) Obesity Prevention and Wellness Provision in Early Childcare Settings. *Nevada Association of Education Young Children Research Symposium*. Las Vegas, NV Virtual due to COVID-19.
- Lindsay, A.** (2021). Women and Stimulants. In National Reproductive Health Conference: Title X. *National Clinical Training Center for Family Planning*. Virtual due to COVID-19.
- Lindsay, A.** (2021). Healthy Living Sustainable Recovery: A Gender-Responsive Health Approach to Improving Recovery Outcomes for Women with Substance Use Disorder (SUD). Academic Consortium on Criminal Justice Health: Vol. Virtual. *Academic Consortium on Criminal Justice Health*. Virtual due to COVID-19.
- Lindsay, A.** (2021). PreK Standards in Nevada & Nevada Registry Criteria Revisions. Nevada Children's Institute for Research & Policy Research Symposium: Vol. Virtual. *Nevada Children's Institute for Research & Policy*. Virtual due to COVID-19.

Curriculum Vitae, Lindsay

- Lindsay, A.R.**, Coughenour, C., Brian, A., Fryer, V. and Bevell, J. (2020) Pre-K Physical Development Standards: A review of 50 States, *National Assembly of the International Motor Development Research Consortium*. Virtual due to COVID-19.
- Lindsay, A. R.**, Crandall, J. and Byrnes, M. (2020) Early Childhood: The Physical and Cognitive Benefits of PA. *California Department of Public Health California Statewide SNAP-Ed*. Anaheim, CA
- Buffington, A. M., **Lindsay, A.**, & Berlin, H. M. (2020). Extension SNAP-Ed: Helping People Build Healthier Habits and Healthier Places in Nevada. Creating the Healthiest Nevada: Putting Prevention into Practice, Annual Conference. *Nevada Public Health Association*. Las Vegas, NV
- Lindsay, A. R.** (2019) Healthy Steps to Freedom: A Gender-Specific Response. *Utah Valley University Conference on Addiction* Utah Valley University. Orem, UT
- Lindsay, A.**, Starrett, A., Brian, A., Byington, B., Lucas, J. & Sigman-Grant, M. (2019). The Effect of a Preschool-Based Dance Intervention on Skill Development in Boys and Girls. *International Motor Development Research Consortium*. Verona, Italy.
- Lindsay, A.** (2019) Healthy Steps to Freedom: A Gender-Specific Response to Women and Addiction. *Utah Valley University Conference on Addiction*. Orem, UT
- Lindsay, A.**, Byrnes, M., Kasper, J & Vanderbom, K. (2019) Physical Activity Guidelines for Americans - Across the Lifespan. *California Department of Public Health California Statewide SNAP-Ed Training for Local Implementing Agencies*. Sacramento, CA

PROFESSIONAL WEBINARS & ONLINE LEARNING (past 5 years only)

- Lindsay, A.** (2023). Understanding challenges and improving treatment/services for adult sex workers and their families. *Center for the Application of Substance Abuse Technologies (CASAT)*. https://events.unr.edu/event/understanding_challenges_and_improving_treatment_services_for_adult_sex_workers_and_their_families_live_webinar . Webinar.
- Lindsay, A.** (2023). Empowering Nutrition Educators: Engaging Populations in Substance Use Recovery. *Ohio State University EFNEP*. Webinar.
- Lindsay A. R.** (2023) Healthy Living Sustainable Recovery. University of Nevada, Reno (Extension) sponsored by the *Center for the Application of Substance Abuse Technologies (CASAT)*. North Las Vegas, NV
- Lindsay A. R.** (2023) Healthy Living Sustainable Recovery. *8th Judicial District, Medically Assisted Treatment (MAT) Re-Entry Court*. Las Vegas, NV
- Lindsay A. R.** (2023) Healthy Living Sustainable Recovery. University of Nevada, Reno (Extension) sponsored by the *Center for the Application of Substance Abuse Technologies (CASAT)*. Las Vegas, NV
- Lindsay, A.** (2022). Promoting a Healthy Lifestyle: The Unsung Hero in Recovery. University of Minnesota Extension Series. *Minnesota Extension*.
- Lindsay, A.** (2022). Promoting a Healthy Lifestyle in Women: A Recovery Challenge. University of Minnesota Extension Series. *Minnesota Extension*.
- Lindsay, A.** (2022). Promoting a Healthy Lifestyle: The Unsung Hero in Recovery. In Wayside Women's Services ECHO Series. *Wayside Recovery*.
- Lindsay, A.** (2022). Promoting a Healthy Lifestyle in Women: A Recovery Challenge. In Wayside Women's Services ECHO Series. *Wayside Recovery*.
- Lindsay, A.** (2021). Healthy Living, Sustainable Recovery. *SAMHSA Monthly Wayside ECHO Series*.

Curriculum Vitae, Lindsay

- Lindsay A. R.** (2021) Healthy Steps to Freedom: Enhancing Treatment/Recovery Services for Women. UNR 1.0 Teaching Credits. *Center for the Application of Substance Abuse Technologies (CASAT) & the ATTC Enhanced Professional Learning Series.*
- Lindsay, A.** (2021) Healthy Living Sustainable Recovery, Enhanced Professional Learning Series, 12 Hours. Adapt Integrated Health Care, Oregon.
- Lindsay A. R.** (Spring 2020, Fall 2020) Healthy Steps to Freedom: Enhancing Treatment/Recovery Services for Women. UNR 1.0 Teaching Credits. *Center for the Application of Substance Abuse Technologies (CASAT) & the ATTC Enhanced Professional Learning Series.*
- Lindsay, A.** (2019, 2020) Battling Weight and Energy: The Need for Gender Responsive Treatment to Improve Recovery Outcomes for Women with Stimulant Use Disorders. Enhanced Professional Learning (EPL) 7-Part Series. *Center for the Application of Substance Abuse Technologies (CASAT); Mountain Plains ATTC, Region 8.*
- Lindsay A.** (2019) Battling Weight and Energy: The Need for Gender Responsive Treatment to Improve Recovery Outcomes for Women with Stimulant Use Disorders. 12 Hours. UNR 1.0 Teaching Credits. *Center for the Application of Substance Abuse Technologies (CASAT) & the ATTC Enhanced Professional Learning Series*
- Lindsay, A.** (2019) Battling Weight and Energy: The Need for Gender Responsive Treatment to Improve Recovery Outcomes for Women with Stimulant Use Disorders. Introductory Webinar. *Center for the Application of Substance Abuse Technologies (CASAT); Mountain Plains ATTC, Region 8.*
- Lindsay, A.** (2019) Women and Stimulant Use: Healthy Steps to Freedom. Didactic Presentation, *Addiction Technology Transfer Center Network (Mountain Plains ATTC, Region 8), Project ECHO Series* <https://attcnetwork.org/centers/mountain-plains-attc/women-and-stimulant-use-echo-series>
- Lindsay, A.** (2019) Healthy Steps to Freedom. Didactic Presentation, *Addiction Technology Transfer Center (ATTC) Network, University of North Dakota School of Medicine and Health Science, Project ECHO Series* <https://ruralhealth.und.edu/assets/2582-10887/project-echo-flyer-052219.pdf>
- Lindsay, A. R.** Skidmore, M., Boerboom, C. (2017) Leadership opportunities for Extension directors and administrators to make a difference with the opioid epidemic?" Next generation extension – Learning for leaders *Extension Committee on Organization & Policy (ECOP).*
- Naja-Riese, A., Kay, C., Young, M., **Lindsay, A. R.** Parker, S. (2017) Train-the-trainer SNAP-Ed evaluation framework ambassador training. *National Collaborative on Childhood Obesity Research (NCCOR).*
- Lindsay, A. R.** (2017) Physical literacy and the role public health plays. Cal-Fresh Town Hall Webinar, *University of California Cal-Fresh Nutrition Education.*
- Lindsay, A. R.** Armstrong, D., Nolting, J., Fagin, S., Bodick, D. (2017) Physical literacy: What is it and how does it support physical activity for life. NEOP Branch Training Development and Support Webinars. *California Department of Public Health, Nutrition Education and Obesity Prevention Branch.*

From: [Shannon Litz](#)
To: [Nathan K. Orme](#)
Subject: FW: HAL Form Submission Notification
Date: Monday, April 29, 2024 11:38:52 AM

Shannon Litz
Nevada Department of Health and Human Services
[REDACTED]

From: hal@admin.nv.gov <hal@admin.nv.gov>
Sent: Monday, April 29, 2024 10:46 AM
To: [REDACTED]
Subject: HAL Form Submission Notification

A new form has been submitted.

DHHS - Application for Appointment to Position of Trust

To update the form please visit: <https://hal.nv.gov/submitted/195214>User's entries follow

Application for Appointment to Position of Trust

Information submitted on this form may be subjected to public disclosure under NRS Chapter 239, Public Records. If a field doesn't apply to you, please enter N/A.

Applying for (Name of Board, Commission, Committee, Authority, General Area of Interest, or Specific Position of Trust):

Dietitian Advisory Group

Please specify which position on the board/commission you qualify for:

Public Member

Biographical Information

Legal Last Name:

Newberry

Legal First Name:

Adele

Legal Middle Name:

Antonina

Preferred Name:

Adele

Date of Birth:

[REDACTED]

Place of Birth:

Boston, MA

Ethnicity:

Caucasian

Are you U.S. Citizen:

Yes

If "No" explain:

NOT ANSWERED

If you are a naturalized citizen, date of naturalization:

NOT ANSWERED

If "Yes", list place of birth:

NOT ANSWERED

Are you a Veteran:

No

Residence Address:

[REDACTED]

Email:

[REDACTED]

Phone:

[REDACTED]

County:

NV

Since what year have you been a continuous resident of Nevada?

2006

Number of years at current residence?

8

If less than 5 years, list the city you resided in during the last 5 years:

NOT ANSWERED

Professional Information

Present Employer (Company/Business Name):

Caring Nurses Inc.

Business Address:

2968 E RUSSELL RD, Las Vegas NV 89120

Job Title/Responsibilities:

CFO

Educational History

Specify school attended, year of graduation and type of degree received.

University of Massachusetts Amherst, 2002 - BA in Psychology and BA in Sociology

High school or high school equivalence (G.E.D.):

NOT ANSWERED

Undergraduate:

NOT ANSWERED

Graduate:

NOT ANSWERED

Background Information

If you answer "yes" to any question below, please mail explanations with the documents to be downloaded, printed and mailed in the section below.

1. Have you ever had a grievance or complaint filed with any board that regulates your professional license(s), or had a professional license suspended, revoked or modified?

No

2. Are you or any organization that employs you a recipient of any state grant monies?

No

3. Is there anything in your past about which you think the Department of Health and Human Services should know?

No

If yes, please explain:

NOT ANSWERED

4. Are you aware of any conflict of interest that might result from your appointment?

No

5. Do you serve on any local or state board, commission, council, authority, or in any elected office?.

No

If yes, please list:

NOT ANSWERED

=====END REPORT=====

Tired of too many email, you can update your form's setting to only receive a daily email.

Keri King

From: Accounting <accounting@caringnurses.com>
Sent: Monday, April 29, 2024 12:19 PM
To: DPBH HCQC Individual Licensing
Subject: Representative of public needed for input to state health officials.

WARNING - This email originated from outside the State of Nevada. Exercise caution when opening attachments or clicking links, especially from unknown senders.

Hello,

I am writing in response to the email sent out regarding needing a member of the general public for the DAG. I do not have any dietetics affiliation but I am interested in this volunteer position. While I am not able to contribute clinically I would love to be able to have an input or influence over the health needs of our local Nevada population. I like to think of myself as an open minded and intelligent citizen of the state of Nevada and I would be grateful to be able to help in any way possible. I am the CFO for Caring Nurses, a home health company, and we deal with deficiency of the dietary needs of our patients all of the time although we do not employ registered dietitians. As a mom of 4 kids ranging from 2-14 I struggle with the dietary needs of myself, my family and their schools.

Thank you for any consideration and have a wonderful day,

Adele Newberry

CFO

Caring Nurses, Inc.

2968 E. Russell Rd.

Las Vegas, NV 89120

www.caringnurses.com